



85 Godwin Avenue (at Goffle Road)  
Midland Park Shopping Center  
Midland Park, NJ 07432  
t. 201-251-4500 f. 201-251-3900  
www.ethosfitness.com

[insert card number]

Date \_\_\_\_\_

# Membership Tour Registration

Please fill out completely so we may better serve you.

Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Employer \_\_\_\_\_

Email Address \_\_\_\_\_ Occupation \_\_\_\_\_

Emergency Contact Name and Number \_\_\_\_\_ Relationship \_\_\_\_\_

Please indicate both your interest  and experience  in the following areas:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Cardio Conditioning       | <input type="checkbox"/> Increasing Self-Esteem | <input type="checkbox"/> Spa Services             |
| <input type="checkbox"/> Core Strengthening        | <input type="checkbox"/> Kinesis                | <input type="checkbox"/> Strength and Flexibility |
| <input type="checkbox"/> Firming and Toning        | <input type="checkbox"/> Muscle Definition      | <input type="checkbox"/> Stress Reduction         |
| <input type="checkbox"/> Fitness Equipment         | <input type="checkbox"/> Nutritional Counseling | <input type="checkbox"/> Weight Loss              |
| <input type="checkbox"/> Group Exercise Classes    | <input type="checkbox"/> Personal Training      | <input type="checkbox"/> Yoga                     |
| <input type="checkbox"/> Improving Health & Energy | <input type="checkbox"/> Pilates                |   |

What is the main goal of your Fitness and Wellness program? \_\_\_\_\_

How did you hear about Ethos?  Member  Internet  Paper  Flyer  Sign  Other: \_\_\_\_\_

What made you decide to come in today? \_\_\_\_\_

Are you over the age of 18?  Yes  No

*The undersigned understands and agrees that during the visit she, in attending said Ethos Fitness and Spa and using the facilities and equipment therein, does so at her own risk. Ethos Fitness and Spa shall not be liable for any damages arising from personal injuries sustained in, on, or about the premises of said facility, and the undersigned does hereby fully and forever release and discharge the fitness center, owners, and employees from any damages arising from action or cause of action present or future, whether the same be known or unknown, anticipated, or unanticipated resulting from or arising out of use of said Ethos Fitness and Spa or the facilities and equipment thereof. By providing my email address, I am consenting to receive information via email from Ethos Fitness and Spa.*

Signature \_\_\_\_\_ Date \_\_\_\_\_

Notes:  
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Ethos Representative \_\_\_\_\_ MType \_\_\_\_\_ Date Completed K \_\_\_\_\_